

The Pearsall Post

Newsletter

Term 1 Issue # 7

Thursday 16th May 2019

Important Dates to Remember

- Wrapper Free Wednesdays
- School Banking Tuesday mornings behind the staff room.
- Early Close Every Wednesday at 2.30pm
- Lunch Orders Sushi every 2nd Monday Subway on Fridays
- NAPLAN—14th—22nd May (Yr 3 & Yr 5)
- Assembly, Thursday 23rd May, Miss D'Adamo, Room 14 Year 2
- School Board Meeting—Monday 27th May
- LEADER IN ME DAY—Thursday 30th May

From the Principal...

Dear Parents,
Never underestimate how important reading is to your child's success in life. I read a wonderful article regarding the positive impact of reading for 10 minutes per day... Numerous studies have shown that 10 minutes of reading a day will change your child's life. 210 Minutes exposure to reading materials each week is all it takes to positively shape your child's future. All reading materials are included and don't have to be complicated. They can be picture story books, comics, novels, newspapers, magazines, recipe books—all count toward your child's daily reading goal. Reading any of these materials for 10 minutes a day exposes your child to more than 600,000 words in one year—interestingly that's more than double the word exposure of a child who reads for less than 5 minutes a day. The benefit of this word exposure is immense—research shows us that reading more improves a child's performance in general knowledge, vocabulary, reading comprehension, verbal fluency and spelling. This goal of reading 10 minutes per day isn't only important to improve your child's academic success: the effects of this achievement are far more long term than you may anticipate. Frequent reading also improves a child's empathy and emotional intelligence, allowing them to better understand people and the world around them. Given that children in Kindergarten will spend most probably the next 13-17 years in educational institutions in which being a proficient reader is instrumental to academic success in many areas, it makes sense to put the effort in well before the children come to school. It is great to get your reading routines in place at home whilst also making it a rich time you can spend with your child.

Pearsall has a fantastic culture of reading, but we can always do better...

Gary Payne
Principal



Merit Certificate Awards Week 2

Excellence Every Day

Nyssa—Rm 3
Kadence—Rm 4
Haylee—Rm 5
Lucas—Rm 6
Eva—Rm 7
Cadence—Rm 8
Evi—Rm 9
Zak—Rm 10
Micah—Rm 11
Lily—Rm 12
KweeLeen—Rm 13
Raelynn—Rm 14
Aiden—Rm 15
Ashlyn—Rm 16
Luca—Dem 2
Rory—Dem 3
Kobi—Dem 4



Leader In Me

Jensen—Rm 3
Luke—Rm 4
Hunter—Rm 5
Amelia—Rm 6
Kaelan—Rm 7
Ryley—Rm 8
Bastian—Rm 9
Atom—Rm 11
Jake—Rm 12
Tiana—Rm 13
Kaillum—Rm 14
Lachie—Rm 15
Aiden—Rm 16
Thomas—Dem 2
Siaron—Dem 3
Jake—Dem 4

8.25am	Classrooms Open
8.40am	Siren for start of day
10.40am	Recess
11.05am	End of Recess
12.45pm	Lunch
1.25pm	End of Lunch
3.00pm	School Day Ends

Please note:**2.30pm finish on****Wednesdays****Assemblies held****every 2nd****Thursday at****8.45am****Second Hand Uniform Shop**

8:00-8:30am
Thursday mornings in the under covered area.

Run by the P&C Committee.

MOTHERS DAY EVENT

A successful Mother's Day event was conducted on Friday 10th May. Coffee, tea and refreshments were provided whilst Miss D'Adamo's Year 2 class performed a song. Mothers were then invited back to classrooms to enjoy a range of activities. Thank you to all the mums and friends of the school who attending this morning.

**CHANGES TO OFFICE STAFF**

Jenny O'Connor our Manager of Corporate Services will be working with the Audit team in Central Office, returning in Term 3. The very capable Louise Treloar will be with us in the MCS role for Term 2. Please make her feel welcome.

We also welcome back Trish Schofield as she returns this term after spending time with the SCIS Team in Central Office.

Synergy Sound: Year 5

Pearsall's first group of instrumental students are making excellent progress on their trumpets, trombones, clarinets and flutes. They attend band practice every Tuesday afternoon and will commence playing together in Term 3. This opportunity will support students in developing strong leadership skills, healthy practice habits and also in applying to attend a High School with a Music program, should they wish to do so in the future. In week 2, each group performed a "show and tell" to explain and demonstrate their progress to the other band members. "I am so proud of this group of hard-working students".
Mrs. Frost, Specialist Music Teacher

**NAPLAN**

NAPLAN preparation has taken place over the last 3 months. Like last year, we will be completing NAPLAN online. Students have completed a number of online preparation sessions. Over the two weeks of NAPLAN testing there will be a modified timetable that will be structured for the use of the laptops. The online tests are adaptive, meaning how accurately you answer the first number of questions directs you to three pathways: easy, on-level or above level. Over the past 12 months we have been working on basic computer skills—scrolling, moving text or diagrams into boxes and using an online ruler for measurement. The NAPLAN testing takes place between 14th May through to 25th May.

**FILMBITES**

During weeks 7, 8 & 9 of Term 2, students will be learning Drama outcomes linked to the WA Syllabus using a film/movie perspective with staff from FilmBites. The students will learn a variety of skills including Voice, Movement, Role, Situation, Space, Character, Time Relationships, Tension and Mood. A note was sent home in week 1. Payment and permissions slips are due before **Tuesday 4th June**.

Payments

Please note that all payments to the school can be made by **EFTPOS** in the front office or **Direct Deposit**:

Acc: Pearsall Primary School
BSB: 066040

Acc: 19904146
Put your child's initial, surname and reason e.g. J.Smith swimming.

You can combine the amount if you have more than one child.

Please note, Eftpos and Direct Deposit are for school related payment and not for P&C payments.

65 ROSES DAY

May is the National Cystic Fibrosis (CF) month and Friday 24th May is 65 Roses Day, a day to raise CF awareness in the community. This year Pearsall Primary will be selling beautiful, fresh long stemmed roses for \$5 each to fundraise towards this worthy cause. Each rose sold will help to financially support the vital services, programs and research that Cystic Fibrosis WA provide families, children and adults living with CF.



One of our Pearsall families knows first-hand how important continued research into CF is, as we have a student at our school living with CF. What a great way to show our support by **bringing in \$5 on the morning of Friday 24th May** and purchasing a rose from one of our student/parent helpers. A limited number of roses will be on sale on the day and no pre-orders will be taken. All money raised will go directly to CFWA. Further information will be provided closer to the day.

FAMILY CONTACT DETAILS

It is important that the school maintain an accurate and up to date record of family/carers email, home address and telephone numbers for all children. Please notify the school immediately if there are changes to your contact details. To inform the school of any changes, please email pearsall.ps@education.wa.edu.au or call 9405 7845.

2020 KINDY ENROLMENTS

Kindy enrolments at Pearsall PS for 2020 are filling fast. If you have a child born between 1 July 2015 to 30 June 2016 please ensure an enrolment form is lodged to the school as soon as possible. Forms are available on the school website or at the front office. Please include a copy of the child's birth certificate, ACIR immunisation record and proof of address.

Room 9 Assembly—Thursday 9th May

Mrs Marlowe's Year 2/3 class performed a wonderful assembly last week. Well done to all involved!

**Healthy Minds***...from the Pastoral Care Team*10 Keys to happier living... *continued***Notice the world around you—live life mindfully**

Have you ever felt there must be more to life? Good news—there is! And it's right there in front of us. We just need to stop and take notice.

Learning to be more mindful and aware does wonders for our wellbeing, whether it's on our walk to work, in the way we eat or in our relationships. It helps us get in tune with our feelings and stops us dwelling on the past or worrying about the future.

- **Give yourself a bit of head space. At least once a day, stop and take 5 minutes to just breathe and be in the moment.**
- **Notice and appreciate good things around you everyday, whether big or small. Trees, birdsong, the smell of coffee, laughter perhaps?**

"Learning how to be still, to really be still and let life happen—that stillness becomes a radiance" - Morgan Freeman

Green Team Update:

Our incredible Green Team who keep our school healthy and sustainable ran a market stall on Friday 10th May as we celebrated Mother's Day at the school. Herbs, lettuce and soil enricher (worm wee) all produced right here at Pearsall were sold to raise funds. What a great effort!



LOST PROPERTY

Please ensure that student and parents regularly check the Lost Property box, located behind the Admin Block, next to P & C drop boxes.

Items not collected after a time will be donated to second-hand uniform shop or charity or disposed of.

Thank you.

FIRST AID and MEDICAL TREATMENT AT SCHOOL

Every day we have students present at the front office for first aid treatment. This varies from patching up scrapes and providing ice packs, to attending to such issues as asthma, dressing serious wounds, administering medications and occasionally tending to a broken limb. A register is maintained of all students who come for First Aid treatment including a brief description of the injury and action taken.

The staff do a great job attending to each issue and reassuring the students. In the event of a head injury, no matter how minor, every effort is made to contact a parent/carer and parents/carers are always contacted for any significant injury. The decision to contact a family member is made by staff based on their assessment of the seriousness of the injury and the needs of the student. Our staff provide treatment and a response in the same manner as they would for their own children. Occasionally a student may be injured and not report to a teacher or to the front office, in which case it is not possible for us to be aware of the situation or provide support. Children are also asked to tell their teacher if they return from sick bay and their symptoms change.

There is sometimes a need to call an ambulance for emergencies and we do not hesitate in doing so for the safety of the child. We will endeavour to contact parents prior to calling an ambulance when possible. The family is billed for the ambulance directly and this can be around \$800. We strongly urge all families to consider ambulance cover or check their private health insurance to ensure you have cover for all family members.

**Road safety**

Children killed or injured whilst walking on roads, footpaths, driveways or shopping centre car parks, are a significant safety problem in Australia. Every week a child pedestrian is killed. For each child who dies from injuries they received from being knocked over by a car, 25 children are admitted to hospital. Head and internal injuries are common amongst children hit by cars. Because of this, many children have long term health problems, or lifelong disabilities.

Children grow up quickly, and constantly surprise parents with what they can do and how responsible they are becoming. However, children are not ready to be left alone around traffic until they are at least 10 years old. Younger children do not fully understand the dangers and risks involved, have not fully developed peripheral vision, can be impulsive and unpredictable and have not yet developed the ability to judge how far away a car is or how quickly it is approaching.

Whilst we can teach children about road safety, and being careful around cars, parents need to be cautious about expecting a child less than 10 years old to use safe behaviour consistently.

Please ensure as parents and carers we continue to abide by road safety laws and guidelines and parking restrictions around the school.

**Homework**

At Pearsall we strive to design homework tasks that do not require a lot of parent time or organisation while at the same time do give children the opportunity to consolidate classroom learning. Homework at Pearsall therefore

includes:

- ◆ Reading—at least 5 nights per week
- ◆ One spelling/literacy activity
- ◆ One maths activity



We ask that all parents assist their children in completing their homework in a timely, thoughtful and well-presented manner. We would appreciate parents looking over completed homework and signing it. Kindly but firmly expressing expectations helps children understand they need to make a determined effort to complete their homework to the best of their ability.

There are many ways you can help your child develop great study habits for the rest of their lives. Three simple and easy tips are:

1. Encourage a homework routine at the same time everyday. Some children concentrate better in the mornings.
2. Set up a comfortable designated homework space, not too hot, not too cold, plenty of fresh air, good lighting and free from distraction (avoid tv or computer game noises).
3. Talk to your child about their homework. Ask about what they are learning, what is easy, what is difficult, what is interesting. Encourage your child to tackle the difficult areas while they are fresh.

