

The Pearsall Post Newsletter

Term 4 Issue # 19

Thursday 28th November 2019

Important Dates to Remember

- Wrapper Free Wednesdays
- School Banking Tuesday mornings behind the staff room
- Early Close Every Wednesday at 2.30pm
- Lunch Orders
Sushi every 2nd Monday
Subway Fridays
- Assembly, Thursday 5th Dec, 8:45am—Dem 3, Yr 6 Mr Ross

Not Returning in 2020?

If your family is leaving Pearsall next year and your children will not be attending Pearsall PS, please inform the Administration in writing as soon as possible.

From the Principal...

End of Year—Semester 2 Reports

Reports will be issued to parents on Wednesday 18th December. This will be an opportunity to review with your child their years progress. As parents we all want our child to achieve A grades, yet by definition that is not possible. An A grade is only awarded to a small number of students, with the majority of students achieving a C grade, which indicates that the child is achieving at the appropriate level. Regardless of the grade achieved, all students are capable of working to the best of their ability and all students are capable of behaving well.

In primary schools across WA, teaching and learning is completed using the Western Australian Curriculum. Reports will be issues via Connect. I urge you to take the opportunity to reflect on your child's progress this year and celebrate the successes they have made.

Last Day of Term

The last day of term will be THURSDAY 19TH DECEMBER.

Term 1, 2020 starts on Monday 3rd February.

Demountable Arrival

Last week there was much excitement as the new demountable arrived on site. Thanks to all for your patience with the car park disruption.



2ND HAND UNIFORM SALE

Wednesday 18th December
8-8.30am and 2-2.30pm
Undercover Assembly area
*donations of school branded uniforms are most appreciated.

Merit Certificate Awards Week

Excellence Every Day

Skyla—Rm 3
Brody—Rm 4
Hunter—Rm 5
Matthew—Rm 6
Chase—Rm 7
Bobby—Rm 8
Ash E—Rm 9
Teliah—Rm 10
Eva—Rm 12
Jayven—Rm 12
Adeline—Rm 13
Gaby—Rm 15
Joshua—Rm 16
Stephen P—Dem 1
Rohan—Dem 2
Finton—Dem 3
Nash—Dem 4
Kobi—Dem 4



Leader In Me

Emelia—Rm 3
Alex—Rm 4
Melissa—Rm 5
Sienna—Rm 5
Kush—Rm 6
Max—Rm 7
Levi—Rm 8
Eliza—Rm 9
Jack—Rm 10
Xavier—Rm 10
Amelia—Rm 11
Xavier—Rm 12
Adam—Rm 13
Makenzie—Rm 14
Raelynne—Rm 14
Harrison—Rm 15
Marley—Rm 16
Shayla—Dem 1
Blake—Dem 2
Esther—Dem 3
Mitchel—Dem 4

8.25am	Classrooms Open
8.40am	Siren for start of day
10.40am	Recess
11.05am	End of Recess
12.45pm	Lunch
1.25pm	End of Lunch
3.00pm	School Day Ends

Please note:

**2.30pm finish on
Wednesdays**

**Assemblies held
every 2nd
Thursday at
8.45am**

Remembrance Day

Remembrance Day was celebrated on Monday 11th November, students came together to commemorate this important event. A number of students presented readings and one minute silence was observed to honour fallen soldiers. Well done to our Year 1 & 2 speakers: Ellie (Rm 6), Fenick (Rm 7), Cadence (Rm 8), Eliza (Rm 9), Ava (Rm 14), Gaby (Rm 15) - who did an amazing job. Well done to all involved.



Dads and Lads Afternoon

Our Year 5 boy students were provided with the opportunity to spend time with their Dads through a variety of fun activities on Tuesday 26th November.

EDU Dance Concerts

This term, students have been participating in the EDU Dance program. This will culminate in concerts where students have the chance to perform what they have learnt. These concerts will take place at **2pm on Tuesday 10th December & Tuesday 17th December** in the undercover assembly area. Class teachers will post on Connect in regards to costumes that are required.

Concert 1 - Tuesday 10th December 2pm	Concert 2 - Tuesday 17th December 2pm
Room 3 & 4 - Miss Godden & Miss Wills	Room 5 - Miss Dunne
Room 6 & 7 Miss Benjamin & Miss Prebble	Room 8 - Mrs Schell
Room 15 - Miss Ransom	Room 9 & 14 - Mrs Williams & Miss D'Adamo
Room 12 - Miss Marshall	Room 13 & Room 16
Dem 1 - Mr Gartrell	Dem 2 - Mr Birkelback
Room 11 - Mrs Burdon	Room 10 - Mrs Kitin
Dem 4 - Ms Parker	Dem 3 - Mr Ross



Interesting Fact: *If a child knows eight nursery rhymes by heart by the time they are four they are usually the best readers and spellers in their class by the time they are eight. (Mem Fox).*

Our Christmas Concert will be held on **Thursday, 12th December** at 5.30pm. Students will need to be at school by **5.00pm**. Our students are currently busy practising Christmas songs and practicing their items for the night. It is always a wonderful event for everyone. We look forward to seeing you all there.

2020 Transition Day

Our whole school transition program will take place on Tuesday, 17th December. Students across all year levels will visit the classrooms and meet the teachers for next year. This is a great opportunity for students and teachers to meet each other, making the transition into the new year exciting and alleviate any unease. Please note, this is not a guarantee of class lists or teachers. Final class lists for 2020 will not be finalised until the new year and will be displayed in the administration window in the week leading up to school commencing.

2020 Charges

All families will have received an overview of the payments required for the 2020 academic year on Connect. This will commence with In Term Swimming that will start on Wednesday the 5th of February. For more information, please refer to the notice on Connect. At Pearsall, we are committed to providing excellence in education for every child. If you are facing financial hardships or have concerns, feel free to contact Jenny O'Connor, Manager Corporate Services at the office to discuss payment plans.

Payments

Please note that all payments to the school can be made by **EFTPOS** in the front office or **Direct Deposit**:

Acc: Pearsall Primary School
BSB: 066040
Acc: 19904146
 Put your child's initial, surname and reason e.g. J.Smith swimming.

You can combine the amount if you have more than one child.

Please note, Eftpos and Direct Deposit are for school related payment and not for P&C payments.

WELLBEING TOOLS

There are lots of great mental health and wellbeing tools available online. The trick is to find the best tool for the job. BE YOU is a great place to start when searching for good quality apps. Below are a few links you may like to investigate.

<https://beyou.edu.au/resources/tools-and-guides/wellbeing-tools-for-students>

Emerging Minds

A tool for parents to reflect on how they are supporting their children's social and emotional wellbeing. <https://www.smilingmind.com.au/>

Yarn Safe

Safe space for Aboriginal and Torres Strait Islander teens to talk about mental health and social and emotional wellbeing. <https://headspace.org.au/yarn-safe/>

The Check-in app

An app to help young people to take the fear out of having a conversation with a friend who might be struggling.

<https://www.youthbeyondblue.com/help-someone-you-know/thecheckin>

Moodflow

This app uses colour to track your moods for self-reflection



Hay Fever Season is upon us!

Hay fever is an allergic reaction. Your nose acts as a filter. The tiny hairs and mucous that line the nasal passages trap dust, pollens and other microscopic particles. A person with hay fever is allergic to some of the particles trapped in the nose when you breath in, such as pollen.

An allergic reaction means the immune system treats a harmless substance as if it is dangerous and launches an 'attack'. The nasal passages become inflamed producing excess mucous. This causes extremely itchy eyes, runny nose, sneezing and headaches. It also exacerbates asthmas and eczema.

You should take your child to the GP if they are experiencing frequent hay fever symptoms or needing antihistamines regularly.



FROM THE GREEN TEAM:

The City of Wanneroo is aware that recent changes to recycling have caused some confusion amongst the community. We know that most people want to recycle correctly but are seeking more information and support. For this reason, the City has produced an easy reference sticker that highlights the types of materials than be recycled via the kerbside collection system.

The idea is that residents can peel off the recyclable backing paper and affix the sticker in a location that makes the most sense to each individual household. We know that people have different systems in place to sort their recycling, so here are just a few suggestions of where you might choose to stick your sticker:

- Above your sink
- On your recycling bin lid
- With the container you keep your items for recycling in
- On the fridge (leave the backing paper on and use a magnet to display it)

These stickers are currently available at our libraries and customer service desks, but thanks to the help of our wonderful local schools we have been able to make it even easier for households to access them.

The Green Team have distributed these recycling stickers to family reps and they should have come home last week.



Healthy Minds

...from the Pastoral Care Team



Parent tips for strengthening the spirit

- ☑ Children need to experience the joy of discovery.
- ☑ The human spirit is strengthened by loving relationships.
- ☑ Have special home and classroom rituals that show everyone matters.
- ☑ Work at building strong caring relationships—no matter how hard it may be.
- ☑ Feeling loved and valued is essential to a strong spirit.
- ☑ Allow imagination and wonder to be a part of children's lives.
- ☑ Develop an appreciation of cultural diversity—all peoples are more alike than different.
- ☑ Ensure the arts are part of every day—singing, dancing, music, painting, make-believe and storytelling.
- ☑ Laughter and lightness nurture the spirit.
- ☑ Connection to nature is very important for the growth of the whole child.
- ☑ Hope is a powerful force—without it there is nothing but profound fear, emptiness and despair.
- ☑ Acts of kindness towards others always builds our own spirit and sense of value.
- ☑ Strengthening communities from the grass roots is essential in building children's resilience and wellbeing.
- ☑ Remember the little things are sometimes the big things for toddlers and children.
- ☑ For children, the gift of the imagination is a powerful source of comfort, distraction and escape.
- ☑ A strong spirit will help individuals overcome setbacks and adversity.

IMPORTANT DATES
TERM 4, 2019 & 2020

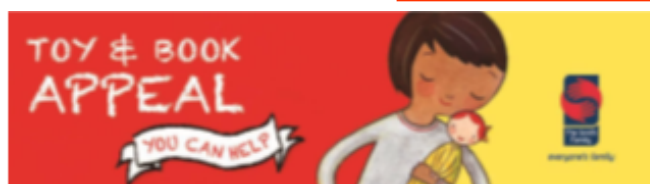
Term 4

- Dem 3 Assembly (Mr Ross)
Thursday 5th December
- EDU-Dance Concerts, 2pm
Tuesday 10th & 17th Dec
- Year 6 Graduation 6pm
Wednesday 11th December
- Christmas Concert, 5:30pm
Thursday 12th December
- 2020 Class visits
Tuesday 17th December

Last Day - Thursday 19th Dec

2020

- First Day of School
Monday 3th February
- Swimming Lessons commence
Wednesday 5th February



Unfortunately, many Australian children living in financial disadvantage will not receive a gift this Holiday Season.

The Smith Family's Toy and Book appeal is **OUR OPPORTUNITY TO HELP BRING A SMILE TO A DISADVANTAGED CHILD'S FACE**

WHERE: Please leave your gift in the LIBRARY

WHEN: NOW until FRIDAY 6 DECEMBER 2019

SUGGESTED GIFTS

Art & Craft Sets	Meccano Sets
Educational Games	Beach Sporting Goods
Sports Balls	Children's Books/Novels
Science Kits	Remote Control Cars
Jigsaw Puzzles	Electronic Hand-Held Games
Board Games	Sporting Goods

The following items are not accepted:

- Large items eg. Bikes, hula hoops, large dolls houses, ride ons
- Second Hand items or hand made toys
- Clothes, Manchester, costumes,
- Replica Weapon Toys (eg. Guns, knives)
- Religious items, books or figurines
- Toiletries - perfume, makeup, nail polish or items that contain fluid
- Calendars & diaries, Candles or Lamps
- Adult Games or Video Games
- CD's & Video Games
- Food

Gifts Must Be New
Gifts Must Not be Wrapped
Gifts no Bigger than a School Backpack
Batteries Included if Needed