

The Pearsall Post

Newsletter

Term 3 Issue # 13

Friday 23rd August 2019

Important Dates to Remember

- Wrapper Free Wednesdays
- School Banking Tuesday mornings behind the staff room
- Early Close Every Wednesday at 2.30pm
- Lunch Orders Sushi every 2nd Monday Subway Fridays
- P & C Fathers Day stall - Monday 26th & Tuesday 27th August
- No Assembly next week
- Pearsall Faction Carnival Thursday 29th August

From the Principal...

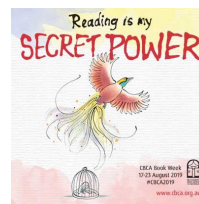
Write a 'Book In A Day'

Our Year 5 and 6 students were provided with the opportunity to write, illustrate and publish a 'Book In A Day'. Students started at 8.00am and finished at 8.00pm. All students worked tirelessly in the library, using the parameters that were provided to create their books.

Congratulations to the following students Ella, Jackson, Finton, Jamie, Charli, Charlotte, Ellouise, Ashley, Siaron, and Asha from Yr 6; and Jacinta, Ayla, Olivia, Saoirse, Charlize, Xavier, Melita, Brianna, Anisse and Ishaan from Yr 5.

Book Week

Book Week was celebrated at Pearsall PS from Monday 19th August to Friday 23rd August. During this week West Oz Wildlife visited our



school, we had a visit from a reading dog, and on Friday, 23rd August students, teachers and even the administration team dressed up as a book character, to celebrate Book Week. There were many amazing costumes and everyone celebrated reading as their secret power!

10 Ways Reading is a Secret Power

1. Reading is mindful—it creates a quiet space and focuses your attention
2. Reading reduces stress—there are few better ways to halt the stress of life.
3. Reading improves your ability to wield words! - increasing vocabulary & understanding
4. Reading is free—books can be accessed online or at your local library
5. Reading improves writing—the more you read, the better your grasp of language & words
6. Reading increases empathy and social awareness
7. Reading is knowledge—reading develops life long learners!
8. Reading improves problem solving
9. Reading offers an escape from the daily grind
10. Reading exercises the imagination!

Merit Certificate Awards Week

Excellence Every Day

Lily—Rm 3
Elijah—Rm 4
Braxton—Rm 5
Lidia—Rm 6
Cameron—Rm 8
Richie—Rm 9
Jack—Rm 10
Kayleigh—Rm 11
Jack—Rm 12
Ella—Rm 13
Jahvani—Rm 14
Opal—Rm 15
Tantos—Rm 16
Serena—Dem 1
Sapphire—Dem 2
Jackson—Dem 3
Ella—Dem 4
Science: Ethan—Rm 14
Science: Jack—Rm 14



Leader In Me

Taylor—Rm 3
Jiyaan—Rm 4
Krisha—Rm 4
Mia—Rm 5
Ethan—Rm 6
Niouk Leen—Rm 8
Marga—Rm 9
Charlize—Rm 10
Amelia—Rm 11
Tia—Rm 12
Tadiwa—Rm 13
Tahlia—Rm 14
Connor—Rm 15
Alyssa—Rm 16
Sarah—Dem 1
Hayley—Dem 2
Jayden—Dem 3
Tyealk - Dem 4

8.25am	Classrooms Open
8.40am	Siren for start of day
10.40am	Recess
11.05am	End of Recess
12.45pm	Lunch
1.25pm	End of Lunch
3.00pm	School Day Ends

Please note:

**2.30pm finish on
Wednesdays**

**Assemblies held
every 2nd
Thursday at
8.45am**

**Second Hand
Uniform Shop**

**8:00-8:30am
Fortnightly
Thursday
mornings in the
under covered
area.
Run by the P&C
Committee.**

Jumps, Throws, 200m, 400m

On Wednesday 14th August our Yr 3 to Yr 6 students took part in our annual jumps, throws and distance running events. There was a great atmosphere out on the oval with students encouraging each other and at the same time being very competitive. Thank you very much to our faction captains who helped to set up, measure distances, rake the jump pit and hand out ribbons on the day as well as take part in their own events.

Congratulations to everyone who took part! The top 2 from each event will take part in the interschool carnival which will be held at Carramar Primary School in week 9 of this term. We wish all our Pearsall representatives great success at the event!



Book Week Incurion—West Oz WildLife

This year our Book Week incurion focused on our amazing Australian Native Animals and their conservation with a visit from West Oz Wildlife. There were Australian lizards and snakes, a dingo and even a cuddly, but very sleepy, koala. It was an incredible interactive experience.



2020 Classroom Planning

We have already commenced planning for classes and teacher placements for 2020. To assist us, would you please let the school office know ASAP if your child/children will not be returning to Pearsall PS next year.

Woolworths Earn and Learn

What an amazing effort from the Pearsall P & C and families at the school! We collected over 40,000 stickers and ordered so many resources including outdoor furniture and classroom furniture and a range of classroom items. These resources are due to arrive in Term 4. Thank you to everyone who contributed to the Woolworths Earn and Learn program.

School Board

Next year we will have a number of School Board members who will be retiring from their positions. We will be requiring at least three new representatives. If you are interested please see Mrs Caroline De Haas or Mr Gary Payne for information on the role and the commitments that are required.



SCHOOL BOARD

Payments

Please note that all payments to the school can be made by **EFTPOS** in the front office or **Direct Deposit**:

**Acc: Pearsall
Primary School
BSB: 066040
Acc: 19904146**

Put your child's initial, surname and reason e.g. J.Smith swimming.

You can combine the amount if you have more than one child.

Please note, Eftpos and Direct Deposit are for school related payment and not for P&C payments.

Pearsall School Athletics Carnival

The Athletics Carnival will take place on Thursday 29th August. The carnival will comprise of year group sprint races in the morning followed by tabloid events in the afternoon. Kindy classes will join in the carnival in the morning. We encourage you to get involved by supporting and cheering your children and their teams. The faction teams have already gained points earlier this term in the Jumps, Throws and Distance events. The events on the Faction Carnival day will be calculated and the team with the highest points at the end of the day will receive the Black Opal Trophy.

Pearsall Factions: **LAVA LIGHTNING STORM THUNDER**

**Runny Races!**

Year 5 students in Room 10 have been investigating the viscosity of different liquids as part of their Chemical Sciences unit about solids, liquids and gases. They had to design and conduct their own fair tests to determine which liquid had the highest viscosity and which had the lowest viscosity.

Lots of messy science fun was had! - From Mrs Warden, Science Specialist

**Community Salvo's Drive**

Our community charity focus for Term 3 was The Salvation Army and their Winter clothes drive. We would like to thank all those parents and students that brought in bags filled with clothing and bedding. These will be invaluable to helping those who need our support. Each bag also generated \$5 funding and with over 130 bags donated that is a wonderful amount towards our pastoral care program initiatives. Thankyou everyone!

**RUOK? Day—Thursday 12th September**

R U Ok Day is on Thursday 12 September. R U OK? is a national charity inspiring and empowering everyone to meaningfully connect with people around them and support anyone struggling with life. Looking out for one another and lending support is a key life skill for any age group.

Starting an R U OK? conversation? Use these four steps:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in



1. Ask



2. Listen



3. Encourage action



4. Check in

Important Dates coming up in Term 3...

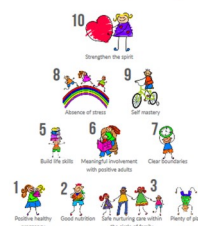
- **P & C Fathers Day Stall** Monday & Tuesday 26th—27th August
- **Fathers Day Breakfast** Wednesday, 28th August
- **Pearsall Faction Carnival** Thursday, 29th August
- **Young Re-inventor Competition** Thursday, 29th August
- **Assembly—Room 11, Year 5 Mrs Burdon** Thursday 5th September
- **Science Week** 9th—13th September
- **Nitro Mike Incursion** 9th & 10th September
- **Science Fair** Wednesday, 11th September
- **RUOK? Day** Thursday 12th September
- **Assembly—Room 4, PP Miss Wills** Thursday 12th September
- **Interschool Sports Carnivals** Wednesday 18th & Friday 20th September

Healthy Minds

...from the Pastoral Care Team

Building Children's Resilience – One Building Block at a Time.

Over the next few weeks we'll be providing some essential tips for parents of children from birth to 12 years old. These have been compiled by Maggie Dent; an Australian author, educator and parenting and resiliency specialist.

10 BUILDING BLOCKS
for children aged 0 - 12 years

Building BLOCK 4

Plenty of play

Bringing more play into your childrens lives

- ☑ Let babies and children direct their own play—everything is interesting!
- ☑ Friendship is shaped by very early connectedness, so give your children lots of opportunities to play with cousins, close family friends and others.
- ☑ Exploratory, undirected play is really important as it stimulates the 'seeking mechanism'.
- ☑ Unstructured play gives children a sense of early autonomy and of having a sense of control in their world—and is vitally important in shaping children's innate character and personality.
- ☑ Cerebellum play—tumbling, spinning, balancing and rolling—enhances the sensory system.
- ☑ Absorbed play is magic—never interrupt a child in this state.
- ☑ Children need more play in the natural world—they can play more creatively, there is better social cohesion, better problem solving, negotiation skills, and deeper immersion in the play experience.
- ☑ Vigorous play helps diffuse excess energy and emotions, and stimulates 'feel-good' chemicals in the body.
- ☑ Games help build emotional competence like learning to lose, to wait your turn, to concentrate and to finish things.
- ☑ The more play the better!
- ☑ The more families play together, the better connected, healthier and stronger they are.
- ☑ Modelling play and sport when children are young gives them a better chance of being healthy and active in life and also helps avoid obesity.
- ☑ Catching and throwing balls with young children helps develop skills that help them achieve well in school.
- ☑ 'Rough and tumble' play with Dad in particular is healthy.

— Maggie Dent, 9 Things (2014)